## **WHAT IS CLAIMED IS:**

- 1. A cable holder for installing a plurality of elongated objects, comprising inner and outer hangers each having a respective axis of symmetry and displaceably coupled to one another between a deployed position, in which the axes of symmetry of the inner and outer hangers are aligned, and an installation position, in which the axes of symmetry of the inner and outer hangers are offset.
  - 2. The cable holder of claim 1, wherein the inner and outer hangers each have a respective body shaped and dimensioned to receive and secure a respective elongated object upon displacing the inner and outer hangers from the installation position to the deployed position, in which the elongated objects extend parallel to one another.
  - 3. The cable holder of claim 2, wherein the body of the inner hanger has a substantially C-shape defining a pair of arms, which are spaced equidistantly from the axis of symmetry of the inner hanger in opposite lateral directions and are biased outwards from one another to define therebetween a space configured to receive the respective elongated object.
  - 4. The cable holder of claim 3, wherein the pair of arms of the inner hanger each are recessed to have a respective pair of spaced apart hook portions defining therebetween a finger, which is configured so that as the arms are compressed towards one another, the fingers penetrate an aperture of a support at a distance sufficient for the hook portions to engage a rim of the aperture upon ceasing an external compressive force applied to the arms of the inner hanger.
  - 5. The cable holder of claim 4, wherein the fingers each have a respective locking barb extending laterally outwards and configured to lock against the rim of the aperture of the support.
  - 6. The cable holder of claim 3, wherein the C-shaped body of the inner hanger has a U-shaped recessed region spaced midway between the pair of arms and extending perpendicular to the axis of symmetry of the inner hanger so that the U-shaped recessed region interrupts a continuous curvature of the C-shaped body to allow the pair of arms to flex upon applying a compressive force thereto relative to the U-shaped recessed region.

7. The cable holder of claim 6, further comprising a pair of spaced apart pins straddling the axis of symmetry of the inner hanger and extending parallel thereto through the U-shaped recessed region, one of the pins extending through and coupled to the outer hanger so that the inner and outer hangers are rotatable relative to one another between the deployed and installation positions.

1

2

3

4

5

1

2

1

2

3

4

5

1

1

2

3

4

5

6

7

8

1

2

3

4

- 8. The cable holder of claim 7, wherein the other pin is shaped and dimensioned to frictionally engage the outer hanger in the deployed position of the inner and outer hangers.
- 9. The cable holder of claim 8, wherein the outer hanger is provided with an opening shaped to snappingly receive the other pin in the deployed position, the cable holder further comprising a plate extending between the inner and outer hangers perpendicular to the axes of symmetry of the inner hanger and provided with a hook configured to provide engagement and prevent further displacement between the inner and outer hangers in the deployed position.
- 10. The cable holder of claim 9, wherein the plate is mounted to one of the inner hanger 2 or outer hanger.
  - 11. The cable holder of claim 9, wherein the body of the outer hanger has a pair of arms each provided with:

a respective inner and outer free end portion spaced axially from one another, the inner portions of pair of arms being fixed to one another to form a U-shaped inner region of the body of the outer hanger adjacent to the plate, and

a respective central outwardly concave portion bridging respective inner and outer free end portions, wherein the central outwardly concave portions of the pair of arms are juxtaposed with one another to define a space receiving a respective elongated object.

- 12. The cable holder of claim 11, wherein the U-shaped inner region of the body of the outer hanger has
- a recess, configured to receive and engage the hook of the plate in the deployed position of the inner and outer hangers, and

5	at least one opening receiving the other pin in the deployed position of the inner and outer
6	hangers.

- 13. The cable holder of claim 11, wherein the outer free end portion of one of the pair of arms of the outer hanger is recessed to have two end lugs flanking a central lug, the two end lugs being aligned with one another and offset relative to the central lug.
- 14. The cable holder of claim 13, wherein the other outer free end portion of the other one of the pair of arms has a locking member mounted rotatably to selectively engage the central lug of the one arm upon receiving a respective elongated object of a relatively small diameter between the pair of arms of the outer hanger or the end lugs thereof upon receiving a respective elongated object of a relatively large diameter.
- 15. The cable holder of claim 11, wherein the body of the outer hanger is provided with at least one reinforcing rib, the respective elongated object being a cable or a pipe.
- 16. The cable holder of claim 2, wherein the inner and outer hangers are slidably coupled to and linearly displaceable relative to one another in a plane extending parallel to a longitudinal direction of the elongated objects between the deployed and installation positions.
- 17. The cable holder of claim 16, wherein one of the inner and outer hangers is provided with a recess slidably receiving a flange, which is provided on the other one of the inner and outer hangers so that the inner and outer hangers slide relative to one another between the deployed and installation positions.
- 18. A method of securing a cable holder including an inner hanger and at least one outer hanger, which are configured to receive multiple elongated objects, to a support, the method comprising the steps of:

displacing the at least one outer hanger and inner hanger relative to one another so that symmetry axes of the inner hanger and at least one outer hanger are offset from one another; and applying a force to the inner hanger, thereby engaging the inner hanger with the support upon inserting a respective one of the multiple elongated objects through the inner hanger.

- 19. The method of claim 18, wherein the step of displacing the inner hanger and at least one outer hanger includes rotating the inner hanger and at least one outer hanger relative to one another.
- 20. The method of claim 18, wherein the step of displacing the inner hanger and at least one outer hanger includes linearly sliding the inner hanger and at least one outer hanger relative to one another.